

Bengal Journal of Otolaryngology and Head Neck Surgery

Official Publication of The Association of Otolaryngologists of India, West Bengal

Volume 26 No. 2 - August, 2018

EDITORIAL BOARD

Editor-in-chief

Dr Saumendra Nath Bandyopadhyay

Associate Editor

Dr Swagatam Banerjee

Members

Dr Ranjan Raychowdhury

Dr Debangshu Ghosh

Treasurer

Dr Dwaipayam Mukherjee

Ex-Officio Members

Dr Debasish Mukherjee

(President)

Dr Snehasis Barman

(Hony. Secretary)

Managing Editor

Dr Shaoni Sanyal

This journal is indexed in Index Copernicus, Google Scholar, OCLC WorldCat, WHO Hinari, OAIster, BASE, abcGATE, CiteFactor, SIS, JournalTOCS, OAJI, EZB and listed in AcademicKeys and UIUC Repository. It is also registered in the OAI database of conforming repositories.

p-ISSN: 2395-2393

e-ISSN: 2395-2407

RNI No.: 62551/95



CONTENTS

From the desk of the Editor

Main Article

- A Study on Traumatic Faciomaxillary Fractures Encountered at a Tertiary Care Centre of North-Eastern India 79
Smrity Rupa Borah Dutta, Sweta Soni, Rudra Prakash
- Effect of Topical Nasal Decongestants on Nasal Peak Flow Rates in Adults Suffering from Acute Sinusitis 86
Santhosh Kumar Rajamani
- Oral Submucous Fibrosis - Correlation between Clinical Findings and Histopathological Grading 91
K. Prabhu, Hitendra Prakash Singh, Sunil Kumar, Malti Kumari Maurya, Veerendra Verma, Anupam Mishra, Satya Prakash Agarwal
- Evaluating Success of Surgery in Mucosal and Squamous Chronic Otitis Media: A Retrospective Study 99
Nilank Saroha, Nitin Tomar
- Correlation of Clinical and Endoscopic Evaluation with PET-CT in Detecting Recurrence of Head and Neck Squamous Cell Carcinoma 105
Rambabu Mappuri, Ramakrishnan Narayanaswamy
- Novel Therapy for Pseudocyst of Pinna – An Institutional Study 112
Debdulal Chakraborty, Chiranjib Das,

Case Report

- Facial Plexiform Neurofibromatosis Type I 117
Bapan Devnath, Debraj Dey, Avinava Ghosh
- Primary Thyroid Lymphoma 122
Manish Gupta, Ginni Datta, Naiya Rao, Eshita Dadwal
- Frontoethmoid Mucocele causing Unilateral Proptosis 127
Netra Aniruddha Pathak, Chetana Shivdas Naik, Vidya Vasant Rokade, Kiran Jayawant Shinde
- Primary Laryngeal Aspergillosis in an Immunocompetent Host 131
Kaustuv Das Biswas, Ankit Choudhary, Swapan Kumar Ghosh, Subhradev Biswas
- Autopolypectomy of a Vocal Cord Polyp 134
Saud Ahmed, Altaf Hussain, Basharat Nadeem, Farooq Ali
- Late Osteoradionecrosis of Mandible Five Years after Radiotherapy for Carcinoma Base of Tongue 137
Somesh Mozumder, Shirish Dubey, Aniruddha Dam, Anup Kumar Bhowmick
- Cosmetic Disfigurement due to Home Remedy in Melanocytic Nevi 141
Riya Kaur Kalra, Phulwinder Singh

This page is intentionally left blank

Bengal Journal of Otolaryngology and Head Neck Surgery

Official Publication of The Association of Otolaryngologists of India, West Bengal

Volume 26 No. 2 - August, 2018

EDITORIAL BOARD

Editor-in-chief

Dr Saumendra Nath Bandyopadhyay

Associate Editor

Dr Swagatam Banerjee

Members

Dr Ranjan Raychowdhury
Dr Debangshu Ghosh

Treasurer

Dr Dwaipayan Mukherjee

Ex-Officio Members

Dr Debasish Mukherjee
(President)

Dr Snehasis Barman
(Hony. Secretary)

Managing Editor

Dr Shaoni Sanyal

This journal is indexed in Index Copernicus, Google Scholar, OCLC WorldCat, WHO Hinari, OAIster, BASE, abcGATE, CiteFactor, SIS, JournalTOCS, OAJI, EZB and listed in AcademicKeys and UIUC Repository. It is also registered in the OAI database of conforming repositories.

p-ISSN: 2395-2393

e-ISSN: 2395-2407

RNI No.: 62551/95



CONTENTS

Our Experience

- Reconstruction of Head and Neck Defects with Lower Trapezius Myocutaneous Flap 144
Somesh Mozumder, Shirish Dubey, Kinshuk Chatterjee, Priyadarshan Kumar, Ankit Khandelwal, Aniruddha Dam, Anup Kumar Bhowmick

Correspondence

- Rare Cases in ENT 150
Kalyan Pal, Dipanjan Chakraborty, Sohag Kundu, Subrata Mukhopadhyay

Bengal Journal of Otolaryngology and Head Neck Surgery

(Incorporating and directly descended from State Journal of Otolaryngology and Otolaryngology, Calcutta)

Published by

The Association of Otolaryngologists of India, West Bengal
CMC House, 91B Chittaranjan Avenue,
Kolkata - 700073,
West Bengal,
India.

Copyright Notice

Copyright © Bengal Journal of Otolaryngology and Head Neck Surgery 2018

The Bengal Journal of Otolaryngology and Head Neck Surgery (hereafter referred to as “BJOHNS”) is published by The Association of Otolaryngologists of India, West Bengal (hereafter referred to as “AOIWB”) as a triannual scientific journal. All matters published herein (in printed, web or CD format) are copyright of BJOHNS and its publisher AOIWB unless stated otherwise and are governed by the Creative Commons Attribution-NonCommercial 4.0 International Public License. Complete reproduction without alteration of the content, partial or as a whole, is permitted for non-commercial, personal and academic purposes without a prior permission provided such reproduction includes full citation of the article, an acknowledgement of the copyright and link to the article on the website. The copyright holder should be informed about this use if more than one copy is being made or the content, partial or as a whole, is being reproduced on a website, intranet or any other electronic media.

Legal Disclaimer

The views expressed in the articles are entirely of the author(s). The Bengal Journal of Otolaryngology and Head Neck Surgery (hereafter referred to as “BJOHNS”), editorial board or publisher bears no responsibility about authenticity of the articles, references, copyright or otherwise any claim whatsoever. Neither BJOHNS nor its publishers nor anyone else involved in creating, producing or delivering BJOHNS (in printed, web or CD format) or the materials contained therein, assumes any liability or responsibility for the accuracy, completeness, or usefulness of any information provided in BJOHNS (in printed, web or CD format), nor shall they be liable for any direct, indirect, incidental, special, consequential or punitive damages arising out of the use of BJOHNS. All material published in BJOHNS undergoes peer review to ensure fair balance, objectivity, independence, and relevance to educational need. The editors of the material have consulted sources believed to be reliable in their efforts to provide information that is in accord with the standards accepted at the time of publishing. However, in view of the possibility of error by the authors, editors, or publishers of the works contained in BJOHNS, neither BJOHNS, nor its publishers, nor any other party involved in the preparation of material contained in BJOHNS represents or warrants that the information contained herein is in every respect accurate or complete, and they are not responsible for any errors or omissions or for the results obtained from the use of such material. Readers are encouraged to confirm the information contained herein with other sources. Patients and consumers reading articles published in BJOHNS should review the information carefully with their professional healthcare provider. The information is not intended to replace medical advice offered by the physicians. BJOHNS and its publishers make no representations or warranties with respect to any treatment, action, or application of medication or preparation by any person following the information offered or provided within or through BJOHNS. BJOHNS and its publishers will not be liable for any direct, indirect, consequential, special, exemplary, or other damages arising therefrom. The advertisers who purchase advertising space in BJOHNS have no influence on editorial content or presentation. Moreover, the publishing of particular advertisements does not imply endorsement by the BJOHNS or its Editors; they are purely commercial in nature. All legal matters pertaining to BJOHNS (in printed, web or CD format) shall be governed by the laws of India and fall strictly and solely under Kolkata jurisdiction.

Correspondence

Dr Saumendra Nath Bandyopadhyay

Editor

Bengal Journal of Otolaryngology and Head Neck Surgery
C/O The Association of Otolaryngologists of India, West Bengal
CMC House, 91B Chittaranjan Avenue, Kolkata - 700073
Email: editor@bjohns.in

The Association of Otolaryngologists of India West Bengal

OFFICE BEARERS 2018-19

President

Dr Debasish Mukherjee

President Elect

Dr Mrinal Kanti Acharyya

Immediate Past President

Dr Sumit Kumar Basu

Vice-Presidents

Dr Subhajit Banerjee

Dr Debasish Guha

Honorary Secretary

Dr Snehasis Barman

Honorary Treasurer

Dr Dwaipayan Mukherjee

Editor-in-chief

Dr Saumendra Nath Bandyopadhyay

Honorary Joint Secretaries

Dr Saumitra Kumar

Dr Ajoy Kumar Khaowas

Executive Committee Members

Dr Utpal Jana

Dr Diptanshu Mukherjee

Dr Amitabha Roychoudhury

Dr Pijush Kumar Roy

Dr Manoj Mukherjee

Dr Atish Halder

Dr Sarmistha Bandyopadhyay

Dr Swagatam Banerjee

Editorial Board Members

Dr Ranjan Raychowdhury

Dr Debangshu Ghosh

Trustee Board Members

Dr Tarun Palit

Dr A M Saha

Dr Dulal Kumar Basu

Dr Debratan Nandi

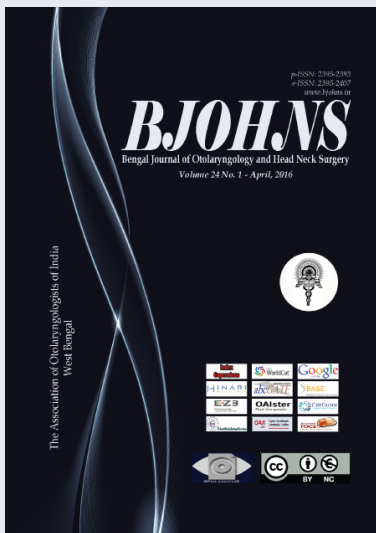
Dr Haradhan Bora

BJOHNS

Bengal Journal of Otolaryngology and Head Neck Surgery

The Official Publication of The Association of Otolaryngologists of India, West Bengal

NOW ONLINE at www.bjohns.in



**EASY ONLINE
SUBMISSION OF ARTICLES**

**DOUBLE-BLIND PEER
REVIEW PROCESS**

**ZERO SUBMISSION AND
PUBLISHING CHARGES**

**PUBLISHED IN PRINT
AND ONLINE VERSIONS**

**INDEXED IN POPULAR
INDEXING SERVICES**

**OPEN ACCESS PROVIDED
FOR ALL READERS**

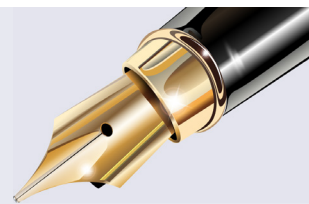
FOR AUTHORS

1. Visit www.bjohns.in on your internet browser (BJOHNS recommends Google Chrome or Mozilla Firefox)
2. Click '**Submit Article**' under *Publish with Us* from the right navigation bar
3. Registered users can log in to the system with their passwords
4. New users must complete a *one-time Registration Process* by selecting '**Not a user? Register with this site**'
5. Follow the instructions for the easy 5-step submission process
6. Track the status of your submission online as it is processed

FOR READERS

1. Visit www.bjohns.in on your internet browser (BJOHNS recommends Google Chrome or Mozilla Firefox)
2. Prior registration is *not mandatory* to browse articles but is preferred as all users are notified about new issues
3. Readers can access *all articles* published in the journal absolutely free of charge
4. Select '**Current**' for the current issue and '**Archives**' for previous issues from the top navigation bar
5. Use '**Article Tools**' from the right navigation bar to cite the article, email the article hyperlink to a colleague or contact the corresponding author by email

From the Desk of the Editor



Medical professionals are passing through troubled times all over the world. Bureaucratic tyranny, lost autonomy, opprobrious attitude of the hospital administration and sagging morale of the health workforce have become serious concerns for the health professionals.

Another medical malady is engulfing us – slowly but surely. Dr Herbert L Fred had drawn our attention to the deficiency of clinical skills amongst doctors long back in 2005, which he termed as HYPOSKILLIA [Fred HL. Hyposkillia – Deficiency of clinical skills. Texas Heart Institute Journal 2005; 32(3):255-7].

Overdependence on investigations and technology often leads doctors to discount a significantly vast information that can be gathered from critical assessment of detailed medical history and pertinent physical examination.

High-tech medicine essentially bypasses the medical history and physical examination and, primarily on the basis of the patient's chief complaints, jumps directly to a slew of sophisticated and expensive investigations based on which the management plans are formulated. Ward rounds are replaced by chart rounds. The budding doctors gradually (but inevitably) develop a laboratory-oriented rather than a patient-oriented mindset. Increasing number of litigations contributed to the phenomenal rise in the quantity of investigative data per patient. But the ultimate fall-out is that, by curtailing history taking and physical examination or reducing interaction with the patient, the patient-doctor bond is effectively weakened, or rather, prevented from forming in the first place. Doctors start treating a number or some other test parameter rather than caring for the patient to whom the numbers belong. People start relying on the high-tech gadgets more than their doctor.

Our medical colleges must ensure that their students develop good communication skills, appreciate the importance of adequate medical history, can perform reliable physical examination and can critically assess the information they gather, develop reasoning skills to decide which tests, if any, are indicated and formulate appropriate management plan suitable for their patients.

The medical teachers must take the call to stem the 'habitual reliance on sophisticated medical gadgetry for diagnosis' and promote the use of 'the brain- the most sophisticated, intricate machine, we will ever – and always have'.

Dr Saumendra Nath Bandyopadhyay
Editor,
Bengal Journal of Otolaryngology and Head Neck Surgery

This page is intentionally left blank